

CAYUGA COUNTY YOUTH ORGANIZATION

RULES FOR GIRLS' BASKETBALL: GRADES 2-4

This level is considered to be INSTRUCTIONAL. Coaches are expected to demonstrate a game approach that is more like a clinic whereby the focus is on teaching and learning NOT WINNING AND LOSING. The referees are typically high school students whose skills at refereeing would be considered emerging. Coaches, parents, and any other game attendees who demonstrate behavior that is counter-productive to the mission of the organization may be removed from the game and potentially banned from attending further contests.

1. Coach, 2 assistant coaches, and players only on the bench.
2. Unsportsmanlike conduct will not be tolerated. All coaches, players and spectators will abide by the decisions of the referees.
3. 20 minute running clock each half and the clock will only stop on substitutions, time outs, and a short time for the referees to line up foul shooting
4. No pressing
5. Teams will be required to play man-to-man defense and there is no double teaming allowed. Help defense will only be allowed after an offensive player has gained advantage over their defensive opponent
6. 5 second lane violation
7. No score will be kept and no fouls will be recorded. When a foul is committed the ball will be taken out of bounds, unless it was done in the act of shooting. On a foul shot, the offensive player will then be allowed to move 3 ft. closer to the basket.
8. There is an expectation of equity in playing time for all players for each game. However, each player will be required to play a minimum of 8 minutes per half.
9. A 27.5" diameter ball will be used for all 2nd-4th grade girls' games